

## COUNSELOR REFERRAL LIST

- Erin Adams-Griffin** 943-0336  
50 W 2nd Street, Ste 200, Whitefish  
\*Adult individual or couples counseling, recommended by Carrie Thiel
- Kalie Adoretti** 212-4985  
\*recommended by Carrie Thiel
- Julie Baker, LCPC** 314-0475  
Flathead Therapeutic Services  
17 2<sup>nd</sup> E. St., Suite 206, Kalispell
- Richard Bartlett, LCPC** 257-5046  
234 2<sup>nd</sup> St. West  
Kalispell, MT 59901  
\*likes working with adolescents  
\*specialty training in trauma work  
\*some training in personality disorders
- John Buttram, LCPC** 257-5400  
38 E. Washington St. #4, Kalispell  
\*specializes in violence prevention & family systems, anger management
- Philip Crissman, MA, LCPC** 756-6815  
307 1st Ave E, Kalispell  
\*Adult individual or couples counseling, recommended by Carrie Thiel
- J Sky Cova** 213-5001  
Intermountain [jsky@intermountain.org](mailto:jsky@intermountain.org)  
322 2<sup>nd</sup> Ave West, Suite A, Kalispell  
\*Addiction counselor, utilizes cognitive behavioral therapy  
\*most insurances and sliding fee scale

**Laura Dickerson**

752-0530

Dickerson Counseling

dickersoncounseling.com

17 2<sup>nd</sup> St. East, Suite #204, Kalispell

\*Licensed Addiction Counselor, Low intensity outpatient care for adolescents and their families, MIP class for teens.

**Michael Edwards, MA, LCPC, LAC**

862-1030

North Valley Hospital

2004 Hospital Way, Whitefish

\*anxiety, depression, stress management, PTSD, marriage counseling and couples/family counseling, substance use disorders

**Claire Ellison, LCSW**

619-438-0690

[Claire@spottotalk.com](mailto:Claire@spottotalk.com)

\*specializes with teens and young adults (ages 13-24)

\*anxiety, depression, school refusal, trauma, substance use disorders, electronic use addiction, identity formation, OCD, PTSD and parent/child relationship challenges

\*former therapist at Summit Prep

**Amy Esmay, LCPC**

406-892-3063

1805 9th St W Ste D, Columbia Falls

[www.parkviewtransitions.com](http://www.parkviewtransitions.com)

\*experience with victims of sexual assault, recommended by Abbie Shelter

**Kelly Ewalt**

892-4406

305 1st Ave W, Columbia Falls

\*Adult individual or couples counseling, recommended by Carrie Thiel

**Angie Garrett, LCPC**

885-4696

Mountain Mall, #46, Whitefish

\*Drug/Alcohol certification, cutting, depression, family systems

**Heidi Glee** 756-8721

Sunburst

\*Trauma based, victims of sexual assault

**Joe Goffena, LCSW** 862-1030

North Valley Hospital

2004 Hospital Way, Whitefish

\*depression, anxiety, relationship issues and life transitions

**Kathren Gonzalez, LCSW** (406) 407-9322

307 1<sup>st</sup> Ave. E., Suite 15, Kalispell

gkathren@gmail.com

\*Solution, strengths and trauma focused, cognitive behavioral therapy

\*Speaks Spanish

\*most insurances, CHIP, First Choice Health

**Robin Larrick Graham, MSW** 270-3422

286 5<sup>th</sup> Ave. East North, Kalispell

\*depression, anxiety, grief, career, parental, mid-life, relationships

**JoAnn Graves-Gill, MA, LCPC, LAC** 755-6760

725 Sixth Avenue East, Kalispell

\*grief & Loss

**Kari Greenberg, LCPC** 862-0337

244 Spokane Ave., Suite 7, Whitefish

\*EAP approved for ACI Specialty benefits (either hospital)

**Dan Gregerson, MS, LCPC** 756-6764

**Cindy Grossman** 752-1237

723 5th Ave E, Kalispell

\*recommended by Carrie Thiel

**Kathleen Hayden**

752-2523

**Angela Jez**

755-4421

\*KRMCC referred

**Cindy Jobe**

756-0302

**Megan Keenan**

249-9017

723 5<sup>th</sup> Ave. E., Suite 110C, Kalispell

\*recommended by Carrie Thiel

**Beth Kramer, LCPC, MSW**

249-2800

100 2<sup>nd</sup> St. E., Whitefish

\*Family therapy, women's' issues, depression, anxiety, relaxation training

\*after school appointments are currently full

**Lauren Langmead, MA, LPC**

756-1222

**Cami Larson, LCSW**

406-314-6313

38 E. Washington St. # 3, Kalispell

[camilarsonlcsw@gmail.com](mailto:camilarsonlcsw@gmail.com)

\*Accepts Medicaid/CHIP and has a sliding scale, good with LGBTQ, anxiety, depression.

\*offers trauma informed therapies such as EMDR and CPT (cognitive processing therapy)

**Emily Lucas, MA, LCPC**

509-435-2404

307 1<sup>st</sup> Ave E, No. 16, Kalispell

[emilylucas406@gmail.com](mailto:emilylucas406@gmail.com)

\*adolescents & families (especially women & girls) - EMDR, recovery skills, depression, anxiety, codependency, family conflict, divorce, communication, resiliency building, social skill development, and treatment planning,

\*accepting most insurances and private pay

**Lynn Mikkelsen, M.A.**

471-6267

281 1<sup>st</sup> Ave. West N., Kalispell

[mikkelsen@centurytel.net](mailto:mikkelsen@centurytel.net)

\*sliding fee payment scale, works with teens and parents

**Mary Dana Mohr**

756-1647

723 5<sup>th</sup> Ave. East, Kalispell

\*adolescent chemical dependency, families

**Bradley Nelson, MSW, LCSW**

261-6447

Eastside Brick, Kalispell

\*families, couples, individual & youth

**Allyson Norwood-Bush, LCPC**

212-7576

723 5<sup>th</sup> Ave. East (Eastside Brick) Kalispell

\*Art Therapy, recommended by Carrie Thiel

**Mark Odell, PhD, LCPC**

755-5430

GlacierHaven

38 Village Loop, Kalispell

\*Licensed Marriage & Family Therapist

**Mary Olstad-Hanson**

756-8721

**Oxytoscin**

(406) 314-6565

1645 US-93 Suite D, Kalispell

Chemical Dependency

**Souheir Rawlins**

[souheir@expressiveartandsoul.com](mailto:souheir@expressiveartandsoul.com)

2555 K M Ranch Rd, Whitefish, MT 59937

(406) 250-8821

Art Therapy

**Kate Reece, LCSW**

[katereece@protonmail.com](mailto:katereece@protonmail.com)

17 2<sup>nd</sup> Street E., Suite 207, Kalispell

406-270-0964

\*children, parents, couples

\*anxiety disorders: OCD, PTSD & panic disorders, depression, eating disorders and family conflict

\*utilizes family structural therapy, cognitive behavioral and trauma informed

therapies, love & logic and circle of security

\*cash, check, Medicaid, MT Health Coop & many extended health plans

\*recommended by Susan Keller

**Kathryn Ryen, LCPC**

(406) 407-0266

30 E. Washington, Kalispell

\*depression, anxiety, eating disorders, Cognitive Behavior Therapy (CBT)

\*accepts Medicaid, CHIP and most insurances

\*recommended by Cassi Carr and Susan Keller

**Leigh Schickendantz**

756-0887

**Mark Leitzel**

Two Rivers Consulting & Counseling

[www.tworiversconsulting.org](http://www.tworiversconsulting.org)

40 2<sup>nd</sup> St. East, Kalispell

\*Adjudicated Youth Program, Akido, work with Kids and Families, sexual abuse

**Joan Schmidt, MA**

871-1008

17 2<sup>nd</sup> St. E., #202, Kalispell

\*Nate Chute Foundation

\*Suicide Prevention - *More than Sad* - video

\*Loss support group - 1<sup>st</sup> Monday of each month @ 7:00-8:30 pm @ the Summit

**April Schottelkorb, Ph.D., LCPC**

862-1030

North Valley Hospital

2004 Hospital Way, Whitefish

\*Registered Play Therapist, trauma, anxiety, autism spectrum disorder, ADHD & behavioral struggles.

**Victoria Scwenke**

756-8721 extension: 234

**Vim Tessar**

752-5211

\*KRMCC Referred

**Carrie Thiel, LCPC**

212-2016

286 5<sup>th</sup> Ave. EN, Kalispell

\*Adults only

**Shawn Trontel, MD, MSW, ACSW, LSW**

752-6850 or 755-3131

33 2<sup>nd</sup> E. St., Kalispell

### **Comprehensive Services:**

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#### **Intermountain Community Services**

755-4022

322 2<sup>nd</sup> Avenue West, Suite A, Kalispell

[www.intermountain.org](http://www.intermountain.org)

\*Medicaid or CHIPS, trauma programs

Jessica Kyser MSW, LCSW

Carri Stoker-Postier MSW

Ima Jean Heron, LCPC

\*Family Therapist

#### **The Nurturing Center**

756-1414

146 3<sup>rd</sup> Ave. W., Kalispell

[www.nurturingcenter.org](http://www.nurturingcenter.org)

\*Parent Education/Support Groups

#### **Sunburst**

756-8721

2282 Hwy 93 South, Ste. 1

Kalispell

#### **Youth Dynamics**

751-8017

450 Corporate Dr., Suite 105, Kalispell

\*Area Manager: Molly Miller, BSW

\*must have SED diagnosis - assessment provided

\*sliding fee scale

\*Therapists:

\*Case Management:

\*Med Management:

**Classes/Support Groups:**

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**Alateen**

Alano Club, 153 N. Meridian Rd., Kalispell  
Carol W.  
Mondays at 7:00 pm

270-2006

[al-anon.org/for-alateen](http://al-anon.org/for-alateen)

**InnerRoads Wilderness Program**

P.O. Box 7616, Missoula

\*Director: Curt Tweedy, MSW

(406) 541-1652

[www.innerroads.org](http://www.innerroads.org)

**Tamarack Grief Center**

17 2<sup>nd</sup> St. E., #202, Kalispell

\*Youth Grief/Loss Camp (June), Women's Grief/Loss Camp, Men's River Journey

\*3 hours of Consultation - free, Medicaid approval

\*Educational Training for Counselors

\*Will do Grief groups in schools

261-0724

[flatheadtgrc@live.com](mailto:flatheadtgrc@live.com)



**Psychologists & Medical:**

**Sara Boilen, Ph.D.**

662-1771

\*recommended by Carrie Thiel

**Nicholas N. Hong, Ph.D.**

314-0312

690 N. Meridian Rd. #211, Kalispell

drnickhong.com

\*Tweens, Teenagers, Parenting Support, Family Therapy, and Couples Counseling

\*Great w/ anxiety!

\*Also conducts psychological evaluations

**Doug Muir, PhD.**

862-1030

North Valley Hospital Whitefish

fax 862-1556

2004 Hospital Way, Whitefish

\*Serves people experiencing mental health issues. He works with child, adolescent and adult psychiatrist issues.

**Mark Odell, PhD, LCPC**

755-5430

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GlacierHaven

38 Village Loop, Kalispell

\*Licensed Marriage & Family Therapist

**All Families Healthcare**

406-730-8682

Helen Weems, MSN, RN, APRN,

[www.allfamilieshealth.org](http://www.allfamilieshealth.org)

Family Nurse Practitioner

733 Spokane Ave Whitefish, MT 59937

\*Loves working with teens

**Lexi Taber-Manicer, MD**

Family Health

**Community Resources:**

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**CRYJ (Center for Restorative Youth Justice) 406-257-7400**

29 3rd St E, Kalispell

\*works to actively engage youth, families, communities and systems in restorative programming that interrupts cycles of violence, juvenile incarceration, and community harm. Programs create opportunities for at-risk youth to deepen community connections and to find access to important support and reflection that results in powerful change.

\*Executive Director: Catherine Gunderson

\*Director of Restorative Programming:

Monday-Thursday 10:00-6:00

\*CRYJ Connect & Homework Supports - Tuesday 4:00-6:00pm

**First Presbyterian Church 406-752-7488**

\*Relief funding for students on the fringe.

**Flathead CARE 406-751-3970**

Kari Gabriel, Executive Director

\*Affinity Meetings Tuesdays at 6:30 pm at Linderman Education Center (above the Gym.

For students who wish to lead drug free lives and would like to promote a drug free lifestyle and mentor younger people

**Flathead Youth Crisis Diversion Project 406-752-6262**

[flatheadyouthcrisis.org](http://flatheadyouthcrisis.org)

\*A quick help link for youth and families in crisis to connect with mental health services in the Flathead Valley.

**GLSEN (pronounced "glisten") <https://www.glsen.org>**

Excellent resource!

Founded in 1990 by a dedicated group of teachers in Massachusetts who came together to improve the education system for LGBTQ students who are bullied, discriminated against, or fall through the cracks. This leading national education organization is focused on ensuring safe and affirming schools for LGBTQ students.

### Love Lives Here

PO Box 204 Whitefish

loveliveshereflathead.org

406-309-5678

### Nate Chute Foundation

PO Box 245, Whitefish MT 59937

[info@natechutefoundation.org](mailto:info@natechutefoundation.org)

Director:

Kasey Howard

\*Suicide prevention and education services

### Pride Foundation

Kim Leighton, Regional Development Organizer

P.O. Box 772, Helena

546-7017

[kim@pridefoundation.org](mailto:kim@pridefoundation.org)

pridefoundation.org

### Ritzman Foundation

Alice Ritzman

\*Relief funding -

### Suicide Prevention

Montana Suicide Prevention Lifeline

1-800-273-TALK

National Suicide Lifeline

1-800-273-8255

### MT Crisis Text Line

text 'mt' to the number 741-741

\*offers 24/7 access to crisis counselors through a familiar format that is especially appealing to youth: text message. To access this service, Montanans who prefer to communicate via text message. A Crisis Counselor will respond immediately to provide assistance.

### Surviving a Loss After Suicide Support Group

406-871-1008

1<sup>st</sup> Tuesday of the Month @ the Summit

Joan Schmidt, Facilitator

### Summit Tean Night

406-751-4100

205 Sunnyview Ln., Kalispell

Saturdays - December 1<sup>st</sup> - March 16 (except 12/22 & 12/29)

Time: 9:00 pm - 11:00 pm

Cost: members \$1, non members \$3

\*parent permission and waiver form required

### Sunriser Lion's Club

Rich Ross

885-6041

\*Glasses - Work with Glacier Eye Clinic

### Trans Lifeline

US 877-565-8860

Canada 877-330-6366

General Inquiries (non-emergency)

415-483-5361

[translifeline.org](http://translifeline.org)

### Trevor Project

866-488-7386

1-202-304-1200 (texting only)

The Trevor Project is an American non-profit organization founded in 1998 focused on suicide prevention efforts among lesbian, gay, bisexual, transgender and questioning and other queer youth.

\*online chat (ages 13-24) <https://www.trevorspace.org/thetrevorproject.org>

### [understood.org](http://understood.org)

Great information and webinars support for teachers parents and counselors: <https://www.understood.org/en>

\*updated 04/06/2020